

November-December 2022



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service



# 4-H Youth Development

## Adair County Extension Office

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## 2023 COUNTRY HAM PROJECT

Do you like to eat country ham? Would you would like to learn how country ham is processed and process your own country ham? If the answer is YES to these questions, then the 4-H Country Ham project is for you.

4-H members throughout the state spend several months preparing their hams for the Fair, where their meat is judged by commercial country ham producers according to its smell, roundness, color, and texture.

To sign up for the project, youth and parents must complete the Country Ham Project Agreement and pay the \$60.00 registration fee. Starting sometime in January, youth will meet to start curing their hams. This year we will be curing them in the Adair County 4-H Ham House. Youth will also have to attend regular meetings to complete the required six hours of trainings to learn about hams and the curing process. In August, the ham will be taken to the Kentucky State Fair to be judged and youth will give a speech.

Youth are required to give a presentation on any aspect of the project such as nutrition or value added. In addition, the processors evaluate ham on such factors as leanness, shape, appearance, and aroma. The combined presentation and judging scores determine the overall winner. This takes place during the Kentucky State Fair.

Youth develop valuable technical merit, communications, research and organizational skills from the presentations. Persistence and responsibility are among the traits 4-H members develop during the nine months they cure hams at the processing plant. Youth also learn to appreciate the importance of value added to a raw commodity. And, there's a financial benefit. All participants also receive a State Fair premium.

This year each youth will keep one of the hams and the second ham will be auctioned off at an event. The livestock club will get 10% of the sale to use with the club. Auction money will be divided equally between the members who participate in the ham project.

The deadline to sign up for the Country Ham project is December 8, 2022.

**Cooperative Extension Service**  
Agriculture and Natural Resources  
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LEXINGTON, KY 40546



Disabilities  
accommodated  
with prior notification.

# Adair County 4-H Clubs

## 4-H Shooting Sports Club-

4-Hers learn and practice the safe handling of firearms. Disciplines offered: Archery, Riflery, Shotgun, Black Powder, Pistol Area/District/State Competitions available Only youth ages 9-18 may participate in this club.

## 4-H Horse Club-

4-H members learn about the art of showing horses as well as other aspects of the equine industry. Potential for District & State level competition. Each 4-Her must complete 6 educational hours annually. Only youth ages 9-18 may participate in this club.

## 4-H Livestock Club-

4-H Livestock Club Members learn about different aspects of the Livestock and Agriculture Industry. 4-Hers must complete 6 educational hours annually. Only youth ages 9-8 may participate in this club.

## 4-H Dog Club-

Youth will learn about all aspects of dogs and learn how to train their dogs. There are many different activities and projects that youth will be able to participate in. Only youth ages 9-18 may participate in this club.

## 4-H Rabbit/Poultry Club-

Youth will learn about all aspects of rabbit and Poultry. This will include raising them, showing them, etc. Cloverbud youth may participate in the Club.

## 4-H Bee Club-

Youth will learn about bees, pollination, beekeeping, and honey. The club has its hives for teaching purposes. There will be monthly educational meetings to learn about bees and beekeeping. Youth will have hands-on activities and will help to take care of the hives. Cloverbud youth may participate in the Club.

## Outdoor Adventure Club-

This group will have many different areas to participate in. The group will be taking part in the 4-H Stream Team study to track water quality throughout our area. Other programs related to the environmental study will also be included. The group will participate in canoe/kayaking, hiking, and other outdoor activities. Cloverbud youth may participate in the Club.

## 4-H STEM Club-

Club meetings will have activities that youth will work on at club meetings but also home. Each month will have different STEM lessons and activities. Youth will receive kits containing everything needed for the project. Cloverbud youth may participate in the Club.

## Cloverbuds-

Cloverbuds is an opportunity to get started with activities leading up to 4-H age. Cloverbuds will meet each month and conduct hands-on projects and activities. This club is for children age 8 and under.

## 4-H Awards Banquet

On Tuesday, October 11<sup>th</sup>, the Adair County 4-H Awards Banquet was held. It started with a meal and then moved into the awards program. Over 80 youth were recognized with awards earned over the past year.

**Myla Curry** was recognized as the Outstanding Junior 4-H Member; and

**Madison Irvin** and **Lily Loy** were recognized as the Outstanding Senior 4-H members.

The Adair County 4-H Council could like to recognized the sponsors of this year's 4-H Awards Banquet:

**Emerald Sponsors-** Community Medical Services, Barger Insurance, WAIN, Grissom-Martin Funeral Home, Stotts-Phelps-McQueary Funeral Home, Kirby & Robin Hancock, Josh Brockman, Gaskins Fertilizer; and

**Green Sponsors-** Day and Day Feed and Craig Dean.

Thank you to all those who helped sponsor this year's Award Banquet.

## Horse Club Kick Off

November 14, 2022

5:30 pm

Adair County Extension Office

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## 4-H November/December Calendar of Events

November		Time	Location
3	4-H Country Ham Auction	5:30 pm	Extension Office
4	Middle School Afterschool STEM Club	1 pm-3 pm	Middle School
7	STEM Club	5:30 pm	Extension Office
8	Teen Leadership	8 am-2 pm	Extension Office
10	Youth Leadership	8 am- 2 pm	Extension Office
10	Livestock Club	5:30 pm	Extension Office
14	Cloverbuds	5:30 pm	Extension Office
14	Horse Club Kick Off	5:30 pm	Extension Office
15	Rabbit//Poultry Club	5:30 pm	Extension Office
17-19	Issues Conference	All Day	Feltner 4-H Camp
22	Dog Club	5:30	Extension Office
December		Time	Location
1	Home School Club	2pm-4pm	Extension Office
2	Middle School Afterschool STEM Club	1 pm-3 pm	Middle School
12	Cloverbuds	5:30 pm	Extension Office
15	Livestock Club	5:30 pm	Extension Office
16	ACES After School Program	1 pm- 3 pm	ACES
19	STEM Club Meeting	5:30 pm	Extension Office