



4-H COUNTRY HAM PROJECT

- 4-H members will receive 2 hams to cure, they learn how to cure ham and hang their hams for 8 months.
- After the hams are cured, youth are required to give a presentation on a specific topic related to country hams. Youth are required to give a 3-5 minute presentation at the KY State Fair on August 14, 2025.
- Youth must get 6 hours of classroom instruction to compete at State Fair. We will have after school meetings monthly at Extension Office.
- Any youth 9-18 years old may participate.



Dates to remember :

- January 20, 2025 Curing Day
- May 27, 2025 Ham Cleaning Day
- August 8, 2025 Ham Prep Day for State Fair
- August 14, 2025 Attend Ky State Fair to give your ham speech.



4-H ESTIMATED COST: \$70.00 includes 2 hams, cure mix, supplies
CLOVERBUD AND ADULT COST: \$50.00 and includes only one ham



Make checks payable to: Adair County 4-H or pay online with the QR Code via square. Payments made online will have a \$2.00 Convenience fee added.

Cooperative Extension Service

Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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